



# MINISTER

## Denelle Abel

Denelle Abel was born in Mt. Vernon, New York and was raised in The Bronx. Denelle relocated to Albany, New York to study Psychology at the University at Albany. She later continued her education at the University at Albany and earned her Master's Degree in Mental Health Counseling. Following these achievements, she obtained a degree in the Arts & Sciences of Cosmetology at the Orlo School of Hair and Design. As Denelle assimilated to her life in Albany, NY, she found a home at Rhema Revealed Ministries since 2013.

During her time at Rhema Revealed Ministries she has served in the offices of Director of Community Outreach, Dancer in Rhema in Motion, Licensed Minister, Executive Minister, Ordained Minister and now currently Pastor Designate.

Denelle strives to combine mental health wellness, the Gospel, and art in everything that she does. She is a Licensed Mental Health Counselor with over 10 years of experience supporting diverse populations across various stages of life. She currently holds the title of Clinical Supervisor at Capital EAP, where she provides short-term, solution-focused counseling services to individuals and employers across the New York State Capital Region. In 2023, she became a Certified Substance Abuse Professional and a Certified Clinical Anxiety Professional.

Intermittently, Denelle operates as the Owner of Gifted, where she functions as a Gallery-Featured Artist, Cosmetologist, and Licensed Mental Health Professional. Her work in the arts includes two collections—Wall Art and Dimensional Canvas—that explore themes of self-discovery, resilience, and faith. Her most recent solo exhibition, *Blooming Into Power*, showcased lessons she learned between her 30th and 31st year of life and was a celebration of confidence, creativity, and personal growth.

She is also a skilled trainer and speaker, known for facilitating dynamic, trauma-informed, and culturally relevant workshops that cover topics such as self-care, neurodivergence, emotional regulation, and workplace mental wellness. Whether behind the canvas, in the counseling chair, or at the pulpit, Denelle is passionate about helping others heal, grow, and embrace their God-given power.

