



PASTOR

Carrie Relf

Carrie Relf was born and raised in Brooklyn, NY. At a young age, Carrie was placed in foster care and spent most of her childhood and adolescence navigating the child welfare system. The challenges Carrie faced in foster care helped her decide early that she wanted to work in the field of human services. After graduating from Abraham Lincoln High School in 2007, Carrie relocated to Albany, NY. There she obtained her Bachelors in Sociology from the State University of New York, University at Albany in 2011. Carrie continued her education at Liberty University, earning her Master's Degree in Human Services Counseling, with a concentration in Marriage and Family in 2016. Carrie is currently a doctoral student at Liberty University.

Carrie's entire career has been dedicated to helping at-risk children, youth, young adults, and families achieve positive outcomes. Carrie has obtained many professional certifications including being certified as a Cultural and Linguistic Competence Trainer through the NYS Success Expansion Initiative of the Rensselaer County Department of Mental Health, as a Life Coach, in Event Planning, and as a facilitator of PREPAR/ENRICH, a leading marital relationship inventory and skill-building program used nationally and internationally. Carrie has worked in a variety of positions within the Human Services and Child Welfare field including being a preventative caseworker, assistant director to a youth-led non-profit organization, child protective services caseworker, and in program management. Carrie currently works as a Senior Professional Development Trainer for Child Welfare caseworkers throughout NYS.



Carrie has been in Christian ministry since she was a child. She has served as an usher, choir member, praise and worship team member and on dance ministries. In addition, she has held leadership roles in youth ministry, teaching ministry, the adjutancy, church administration and in preaching the gospel. In 2013, Carrie was licensed as an Evangelist. In 2017, Carrie was ordained as a Pastor. She finds integrating spirituality and human services to be a major part of the mission of her ministry to help individuals and families be whole. Additionally, Carrie continues to realize her specific call to the healing, empowerment, and restoration of women globally, with the launch of her women's ministry H.E.R Sessions.

Carrie is an entrepreneur. She is the owner of Anchor Life, LLC, a personal and professional development business that seeks to help individuals, small businesses, and Christian ministries reach their goals for success through coaching, mentorship, training, workshops, consultations, administrative support, event and conference planning, motivational speaking and more. She is also the CEO and Founder of Foster Can, Inc., an organization committed to helping youth and young adults in foster care, foster care alumni, and disadvantaged communities overcome barriers to social, educational, and vocational success.

In 2015, Carrie married her love, Justin Relf. The two of them look forward to expanding their family in the future. Together they serve as the Pastors of Rhema Revealed Ministries Inc. Rhema Revealed Ministries, Inc. is committed to being a culturally sensitive ministry that embraces diversity, reflects the Love of Jesus Christ by meeting the practical needs of families and individuals, and seeks to serve as a safe space for all to doing the healing work of being whole.

Carrie is an aspiring author and hopes to complete her first book in the near future.

Carrie Relf, MA | Ordained Pastor | Human Services Professional | Life Coach
Aspiring Author
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